# *In Vitro* Evaluation of the Antimicrobial Activity of Nanosilver-Mineral Trioxide Aggregate against Frequent Anaerobic Oral Pathogens by A Membrane-enclosed Immersion Test

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Background:	Nanoparticles of silver (NanoAg) have been shown to
	control the growth of bacteria, but application of NanoAg
	in endodontics has not been evaluated. This in vitro study
	evaluates the antimicrobial activity of NanoAg to enhance
	the inhibitory effects of mineral trioxide aggregate (MTA).
Methods:	The antibacterial activities of NanoAg and NanoAg-MTA
	against four types of anaerobic pathogens were tested
	in vitro using (1) agar diffusion test (ADT) and (2) a newly
	devised membrane-enclosed immersion test (MEIT).

- **Results:** Both NanoAg and NanoAg–MTA inhibited the growth of all four test bacteria at 25 ppm concentration. MEIT analysis consistently showed that NanoAg enhanced the antimicrobial activity of MTA significantly, and the bacterial susceptibility to lower concentrations of NanoAg varied depending on the type of bacteria. Overall, NanoAg–MTA showed significant inhibitory effect which was time and dose dependent.
- **Conclusions:** Our data support that NanoAg can serve as an excellent MTA additive against anaerobic endodontic–periodontal pathogens with clinical applications for infection control in endodontics.

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Key words: antibacterial activity test, mineral trioxide aggregate, nanosilver

Control of microbial infection in periodontal and endodontic tissues is essential for the successful management of endodontic-periodontal lesions and external root resorption due to root canal perforation.<sup>[1-3]</sup> The predominant bacterial genera responsible for endodontic-periodontal infections include *Fusobacterium*, *Porphyromonas*, *Aggregatibacter*, and *Prevotella*.<sup>[4]</sup> Mineral trioxide aggregate (MTA) is currently the material of choice for repairing root canal perforations and endodontic treatment.<sup>[5,6]</sup> MTA is a water-based biocompatible material that promotes regeneration of surrounding tissues.<sup>[7-9]</sup> Several studies have reported the antibacterial activity of MTA, but the results are inconsistent.<sup>[10-14]</sup> Therefore, an additive that robustly enhances the inhibitory effects of MTA, while maintaining its biocompatibility, is highly desirable.

Nanoparticles of silver (NanoAg) have been reported to inhibit the bacterial growth of oral bacteria,<sup>[15,16]</sup> as well

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#### At a Glance Commentary

#### Scientific background of the subject

In the case of dental root perforation, the positive endodontic treatment prognosis depends on the successful elimination of the associated microorganisms and infected tissues, as well as effective sealing of the perforation. At present, mineral trioxide aggregate (MTA) is considered to be the material of choice for the repair of root perforations. MTA alone has no antibacterial effect against any of the obligate anaerobic periodontal–endodontic pathogens.

#### What this study adds to the field

This study was designed to evaluate the antimicrobial effect of amixture of MTA with silver nanoparticles against obligate anaerobic periodontal–endodontic pathogens. The results revealed that nanoparticles of silver can effectively enhance the antibacterial activity of MTA against important anaerobic periodontal–endodontic pathogens.

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as accelerate wound healing.<sup>[17-19]</sup> However, the application of NanoAg in endodontics for the purpose of preventing infections in root canal perforations has not been explored. Therefore, the primary purpose of this study was to evaluate the antimicrobial activity of NanoAg–MTA mixture against several periodontal pathogens by several *in vitro* methods.

Agar diffusion test (ADT) remains the standard method for the *in vitro* evaluation of antimicrobial activity of substances. Since ADTs have certain limitations in evaluating materials pertaining to endodontics,<sup>[19]</sup> a direct contact test (DCT) method and a modified DCT method have been developed to address the shortcomings of the ADT method.<sup>[20,21]</sup> However, current DCT methods are not suitable for water-based repair materials such as MTA because fresh preparations disperse in aqueous media and form slurries, which can lead to sampling error. Consequently, we also describe a novel membrane enclosed immersion test (MEIT) method, devised to measure the antimicrobial activity of water-based endodontic cements, such as MTA, by directly exposing NanoAg–MTA to aqueous bacterial cultures.

# **METHODS**

#### Test microorganisms and growth conditions

Lyophilized Aggregatibacter actinomycetemcomitans, Fusobacterium nucleatum, Porphyromonas gingivalis, and Prevotella intermedia (ATCC cultures 33384, 33277, 33270, and 49046, respectively, obtained from Rayen Biotechnology Co. Ltd, Tehran, Iran) were rehydrated in sBHI broth, which is brain heart infusion (BHI) broth (Merck, Darmstadt, Germany) supplemented with hemin (5µg/ml) and vitamin K (1µg/ml), and incubated in an anaerobic atmosphere at 37 C for 48 h. Both items were purchased from Sigma-Aldrich (Steinheim, Germany).

For experiments requiring cultures on plates, cultures grown in sBHI broth were transferred onto sheep blood agar (BHK) plates containing Brucella agar (Merck) as the base medium, supplemented with hemin plus vitamin K. The sBHI broth and BHK agar cultures were used as described below.

### MTA and NanoAg-MTA preparations

MTA (ProRoot<sup>®</sup> MTA; Maillfer, Dentsply, Switzerland) was mixed according to the manufacturer's recommendations by using 1 g of MTA powder for every 350 µl of sterile water. Sterile distilled water was used to dilute the colloidal 10-nm-diameter NanoAg 0.1mg/ml stock solution (Cat. No. PL-Ag-S10-10mg; PlasmaChem, GmbH, Berlin, Germany). The NanoAg samples of 25 parts per mil-

Biomed J Vol. 38 No. 1 January - February 2015 lion (ppm), 12.5 ppm, and 6.25 ppm were prepared by two-fold serial dilutions of the NanoAg 0.1 mg/ml (100 ppm) stock solution.

Samples with various concentrations of NanoAg–MTA were prepared fresh prior to each experiment. Briefly, each gram of MTA powder was mixed with 350  $\mu$ l of 25 ppm, 12.5 ppm, and 6.25 ppm preparations of NanoAg solution, on sterile glass slabs using a sterile spatula.

# Testing of antimicrobial activity

# Determination of nanoag minimum inhibitory concentration

To evaluate the antibacterial effects of NanoAg, the minimum inhibitory concentration (MIC) was determined by the broth dilution method. Prior to each experiment, 1 ml of NanoAg stock solution was mixed in 1 ml SBHI broth medium and this mixture was diluted twofold serially in sBHI broth.

Fresh sBHI bacterial cultures, in the logarithmic growth phase (9-12 h old), were adjusted to a concentration of  $10^8$  colony-forming units (CFU)/ml, as verified by both spectro-photometry (OD<sub>600</sub>: 0.6-0.7) and colony counting. Bacterial cultures were diluted by transferring 100 µl aliquots of the inocula into 900 µl of the NanoAg preparations in sBHI broth. The test samples were incubated in an anaerobic atmosphere at 37 C for 48 h. The MIC was defined as the lowest concentration of NanoAg at which no visible bacterial growth was detected. Each experiment was performed three times, and the MIC of NanoAg observed in > 2 experiments was reported. Inhibition of growth was verified by culture on BHK plates.

### Agar diffusion test

Fresh bacterial colonies were suspended in SBHI broth and their turbidity was adjusted to 0.5Mc-Farland standard, corresponding to approximately  $1.5 \times 10^8$  CFU/ml. To achieve a lawn of bacterial growth, 100 µl of the bacterial suspension was evenly distributed onto the surface of a BHK plate using a sterile glass spreader. After inoculation, four wells were made, each 3 mm in diameter and 4 mm in depth, by removal of BHK agar with a puncher at equidistant points. The MTA and NanoAg-MTA mixtures were transferred into each well and gently pressed in place using an amalgam carrier. All plates were incubated at 37°C under anaerobic conditions. After 48 h, the zones of inhibition (ZOIs) around each well were measured and recorded by a blinded assistant. The 3 mm diameter of each well was subtracted from the ZOI and reported. Results were averages of three independent assays, and all items were sterilized prior to use. Control wells were treated identically, except for bacterial inoculation.

#### Membrane enclosed immersion test

Fresh colonies of test bacteria from BHK plates were suspended in sBHI broth, and bacterial density was visually adjusted to a turbidity of 0.5 McFarland standard. The exact density (CFU/ml) of each suspension was verified on BHK plates (see above). MTA and NanoAg–MTA mixtures were prepared as previously described.

In a typical MEIT assay [Figure 1], either freshly prepared MTA or NanoAg-MTA paste (approximately  $4 \text{ mm} \times 4 \text{ mm}$ ) was enclosed within a sterile microbiologic paper filter (0.45 µm Cat. No. HVLP04700, Millipore Co. Ltd, Tokyo, Japan). The membrane-wrapped mixture was then closed off at the top by sterile surgical thread, and immersed into the test wells of a 24-well plate containing 1 ml of bacterial suspension. Adhesive tape was used to secure the wrapped membranes to the plate containing the test cultures [Figure 1]. The paper membrane served to prevent dispersion of MTA and formation of MTA slurry in the test wells. The direct physical interaction between the bacterial cells and NanoAg-MTA allowed for the exchange of soluble compounds between membrane-enclosed material and test bacteria. In addition, 1 ml of the bacterial suspension in wells not containing MTA or NanoAg-MTA served as controls. The plates were then incubated at 37 C under anaerobic conditions and then measured at 0.5, 1, 3, 48, and 72 h time points.

At each time point,  $100 \,\mu$ l of bacterial culture from each well was subcultured onto BHK plates, and bacterial growth and concentration was assessed. Throughout the MEIT experiments, cultures were checked for contamination by blind cultures on BHK plates, as well as visually examining for MTA slurry permeation into media. Several criteria were used to differentiate between contamination and the growth of test bacteria. These included the identity of the colonial morphology, quantity of growth, and the amount of time required for the organism to grow in the culture medium. At the time of sampling, no MTA slurry was observed in MEIT cultures, indicating that MTA remained mostly enclosed in the membrane wrap. All experiments were performed in triplicates, and bacterial concentrations were reported as mean ± standard deviation (SD).



**Figure 1:** A schematic representation of the membrane-enclosed immersion test (MEIT). Samples of NanoAg-MTA, enclosed in membrane filters, were immersed into the wells of a 24-well plate, each containing 1 ml of test bacterial suspension; and then were incubated for 0.5-48 h under anaerobic conditions.

#### Statistical analysis

The results of ADT and MEIT assays were analyzed using one-way analysis of variance (ANOVA) and Tukey's *post hoc* analysis using SPSS software (version 13; SPSS Inc., Chicago, IL, USA). In all analyses, the confidence level was set at p < 0.05.

### RESULTS

# NanoAg inhibition of growth of test microorganisms

The MIC of NanoAg was 3.1 mg/ml (i.e. 3.1 ppm), which inhibited the growth of both *A. actinomycetemcomitans* and *F. nucleatum* (data not shown). However, the MIC of NanoAg against *Po. gingivalis* and *Pr. intermedia* was 6.25 and 12.5 ppm, respectively, indicating their lower sensitivity to NanoAg. Therefore, NanoAg was fourfold more potent in inhibiting the growth of *A.* actinomycetemcomitans and *F. nucleatum* than that of *Pr. intermedia*.

NanoAg–MTA inhibition of growth in test bacterial cultures

ADT analysis demonstrated that NanoAg–MTA inhibited the growth of all test bacteria. Table 1 shows that *A. actinomycetemcomitans* was the most sensitive bacterium tested, with susceptibility found at all the tested concentrations of NanoAg–MTA. On the other hand, *Pr. intermedia* showed the lowest sensitivity to NanoAg–MTA, which inhibited this species only at the 25 ppm concentration, with a small ZOI of  $4.0 \pm 2.0$  mm, and no inhibition at lower concentrations.

Moreover, with the exception of *Pr. intermedia*, 12.5 ppm of NanoAg–MTA showed some level of inhibitory activity for all the test microorganisms. *A. actinomycetemcomitans* showed the largest ZOI ( $11.0 \pm 2.0$  mm), followed by *F. nucleatum* ( $7.0 \pm 1.0$  mm), and *Po. gingivalis* ( $5.0 \pm 2.0$  mm). For the most resistant test bacterium, *Pr. intermedia*, the ZOIs around the 25 ppm NanoAg–MTA wells were similar to the ZOI of wells containing MTA alone ( $4.0 \pm 2.0$  mm).

Generally, the antimicrobial activity of 25 and

 Table 1: Antimicrobial activity of NanoAg-MTA against

 microorganisms\*

Zone of inhibition (mm)			
MTA	NanoAg-M	ITA concentration (ppm)	
	6.25	12.5	25
6±2	9±1	11±2	16±1
4 <b>±</b> 2	4±2	7±1	11±1
0	0	5±2	8±1
0	0	0	4±2
	MTA 6±2 4±2 0 0	$\begin{tabular}{ c c c c } \hline Zone of i \\ \hline MTA & NanoAg-M \\ \hline 6.25 \\ \hline 6\pm2 & 9\pm1 \\ 4\pm2 & 4\pm2 \\ 0 & 0 \\ 0 & 0 \\ \hline 0 & 0 \\ \hline \end{tabular}$	$\begin{tabular}{ c c c c c c c } \hline & Zone of inhibition (mn) \\ \hline MTA & NanoAg-MTA concentration (mn) \\ \hline 6.25 & 12.5 \\ \hline 6\pm2 & 9\pm1 & 11\pm2 \\ 4\pm2 & 4\pm2 & 7\pm1 \\ 0 & 0 & 5\pm2 \\ 0 & 0 & 0 \\ \hline 0 & 0 & 0 \\ \hline \end{tabular}$

\*Expressed as zones of inhibition (mm). Numbers represent the mean (±SD) of three independent experiments, and the cut-off was set at 3 mm, Abbreviations: MTA: Mineral trioxide aggregate; NanoAg: Nanoparticles of silver

12.5 ppm NanoAg–MTA was significantly higher than the activity of 6.25 ppm–treated cultures (p < 0.05). For *A. actinomycetemcomitans* (6.0 ± 2.0 mm ZOI) and *F. nucleatum* (4.0 ± 2.0 mm ZOI), there was no significant difference between the ZOIs of 6.25 ppm NanoAg–MTA treated wells versus the MTA–alone wells. Furthermore, wells with MTA alone showed no antimicrobial activity against *Pr. intermedia* and *Po. gingivalis* isolates. While MTA showed slight activity against A. actinomycetemcomitans and *F. nucleatum*, the ZOIs of MTA–alone wells were significantly smaller than those of wells with 12.5 and 25 ppm NanoAg–MTA.

Reduction of bacterial viability by immersed NanoAg– MTA using MEIT method

Figure 2 shows that NanoAg–MTA markedly reduced the viability of bacterial cultures within hours of exposure. On the contrary, MTA alone showed negligible antibacterial activity against all four test bacteria. Overall, the MEIT results were consistent with the results of our ADT analysis. Throughout the MEIT analysis, the growth of cultures treated with NanoAg–MTA was compared to the growth of test microorganisms in untreated cultures which showed about 50-1000 fold increase over a 48 h test period [Figure 2].

MEIT analysis demonstrated that 25 ppm NanoAg– MTA inhibited the growth of all test bacteria by 60-100%. As shown in Figure 2A-C, exposure to 25 ppm NanoAg–MTA for 3 h had a marked bactericidal effect on *Po. gingivalis*, as well as A. actinomycetemcomitans and *F. nucleatum* cultures, with a complete decline in culture viability. After a 1 h exposure, 25 ppm NanoAg–MTA reduced the culture viability of *A. actinomycetemcomitans* and *F. nucleatum* by 58% and 38%, respectively. On the other hand, 25 ppm NanoAg–MTA reduced the viability of *Pr. intermedia* by 32-60%, suggesting a bacteriostatic effect on *Pr. intermedia* cultures during 3-48 h of incubation [Figure 2D]. Most notably, at all time points of the MEIT assay, 25 ppm NanoAg–MTA showed a higher inhibitory activity than



**Figure 2:** Effect of NanoAg–MTA on bacterial viability using MEIT method. The antibacterial effects of NanoAg–MTA against: (A) *A. actinomycetemcomitans* (Aa), (B) *F. nucleatum* (Fn), (C) *Po. gingivalis* (Pg), and (D) *Pr. intermedia* (Pi) were assessed. Bacterial cultures were treated with the indicated concentrations of NanoAg–MTA for up to 48 h. Mean percent reduction in culture viability was calculated as compared to untreated cultures and (E) the bacterial growth curve of untreated sBHI broth cultures over a 48 h period. Mean percent viability of each culture was calculated by colony counting.

Biomed J Vol. 38 No. 1 January - February 2015 MTA alone which did not inhibit the growth of any test culture. The differences between the antibacterial effects of samples containing 25 ppm NanoAg–MTA versus those with MTA alone were statistically significant (p < 0.05). Furthermore, extending the incubation period of MEIT assay to 72 h did not significantly change the MEIT culture viability results (data not shown).

In addition, 12.5 ppm NanoAg-MTA had a strong bactericidal effect on both A. actinomycetemcomitans and F. nucleatum cultures after 3 h of incubation [Figure 2A and B]. However, the same level of NanoAg-MTA showed only slight antibacterial effects on Po. gingivalis and Pr. intermedia cultures [Figure 2C and D]. After a 48 h exposure, 12.5 ppm NanoAg-MTA reduced the viability of Po. gingivalis and Pr. intermedia by 38% and 12%, respectively, with lesser antibacterial effect at earlier time points. The antibacterial activity of 6.25 ppm NanoAg-MTA ranged from modest to none. Cultures of A. actinomycetemcomitans and F. nucleatum showed the highest susceptibility to 6.25 ppm of NanoAg-MTA that reduced the bacterial viability by 63% and 54%, respectively. Furthermore, 6.25 ppm NanoAg-MTA did not inhibit the growth of Po. gingivalis or *Pr. intermedia* cultures at any of the tested time points, similar to those treated with MTA alone.

At 25 and 12.5 ppm NanoAg–MTA, the antibacterial activity against *A. actinomycetemcomitans* and *F. nucleatum* cultures was time-dependent, such that extending the length of NanoAg–MTA exposure from 1 to 3 h enhanced the inhibitory effects of NanoAg–MTA on these microorganisms. Also, increasing the exposure period of *Po. gingivalis* cultures to 25 ppm NanoAg–MTA by 2 h (from 1 h to 3 h) led to a significant reduction in the number of viable bacteria in *Po. gingivalis* cultures [Figure 2C]. Although the 1 h and 3 h time points showed reduction in the viability of *Pr. intermedia* cultures treated with 25 ppm NanoAg–MTA, these reductions were not significant [Figure 2D].

# DISCUSSION

Perforation of the dental root creates non-natural connections between the root canal system and the periodontal ligament. Such perforations can be complications resulting from over instrumentation during endodontic procedures, internal or external resorption, or caries invading through the floor of the pulp chamber. Of all root perforations, 47% were found to be related to endodontic procedures and 53% were related to prosthodontic treatment.<sup>[22]</sup> In perforations of root where periodontal disease is present, major periodontal pathogens such as *Po. gingivalis, F. nucleatum, A. actinomycetemcomitans*, and *Pr. intermedia* could be accompanying endodontic infections due to the periodontic–endodontic interrelationships.<sup>[23]</sup> Periodontal disease is a frequently prevalent oral health problem with wide variations in severity and prevalence across different geographic areas. In adult periodontitis, *Po. gingivalis*, *F. nucleatum*, *A. actinomycetemcomitans* and *Pr. intermedia* were detected in 75%, 50%, 36%, and 35% of the diseased sites, respectively.<sup>[24]</sup> Endodontic diseases (pulpitis and periradicular infections) are polymicrobial and predominantly caused by strict anaerobic bacteria.<sup>[25]</sup> The isolation rate of Gram-negative anaerobes in endodontic infections varies up to 85%. In endodontics, *F. nucleatum* is the most commonly found Gram-negative anaerobe, followed by *Po. gingivalis*, *Pr. Intermedia*, and *A. actinomycetemcomitans* (85%, 65%, 62%, and 33%, respectively).<sup>[24]</sup>

To prevent infection after repairing a perforated root canal, a biocompatible obturation material with robust antimicrobial activity is highly desirable. We explored the potential of silver nanoparticles (NanoAg) applied as an additive to MTA toward the prevention of endodontic treatment failure. In the present study, we observed that NanoAg enhances the antimicrobial activity of MTA, and NanoAg-MTA can be effective against four periodontal/ endodontic pathogens. However, whether MTA retains its biocompatibility after mixing with NanoAg remains to be determined. However, a recent in vivo study using a concentration of 23 ppm NanoAg showed a mild tissue reaction to NanoAg preparation.[26] Although the NanoAg application proposed in our study differs from that in the report of Gomes-Filho et al.,[26] which describes the biocompatibility of 23 ppm NanoAg dispersion as an evidence for potential NanoAg application as a root canal irrigant, the mild tissue reaction observed over 24 h lends support to potential application of NanoAg (25-ppm) as an obturation material.

The results of this study are consistent with a recent report in which the addition of silver zeolite (SZ) enhanced the antimicrobial activity of MTA.[14] However, NanoAg-MTA has a higher antibacterial activity than SZ against some microorganisms. For instance, unlike SZ, NanoAg-MTA inhibited the growth of Pr. intermedia.<sup>[14]</sup> We speculate that NanoAg has a higher bactericidal activity than the SZ preparation. Alternatively, our novel MEIT assay has a higher sensitivity in assessing the antibacterial activity than the ADT method used in the SZ report. The latter explanation highlights the potential utility of the MEIT assay as a practical alternative for testing the antibacterial activity of a broad range of endodontic materials. Notably, our finding that MTA had no antibacterial effect against any anaerobic bacteria is similar to previous reports.<sup>[27,28]</sup> Since MTA's generation of reactive oxygen species (ROS), responsible in part for its antimicrobial effect is decreased under anaerobic conditions, it has been proposed that MTA may not produce adequate ROS to inhibit certain bacterial strains.<sup>[29,30]</sup> We acknowledge that further evaluation of the antibacterial activity of NanoAg-MTA against additional common endodontic pathogens, such as *Enterococcus faecalis*, will strengthen our study findings, since *E. faecalis* is the most frequently recovered bacteria from failed endodontic treatment cases.<sup>[31]</sup>

While DCT is suitable for materials less likely to disperse in aqueous media,<sup>[19]</sup> our novel MEIT assay has successfully measured the antibacterial activity of a water-based NanoAg– MTA root end material. The absence of MTA contamination of aqueous media throughout the 72 h period supports the use of MEIT assay for direct assessment of antibacterial activity of any water-based, and/or oil-based, endodontic material in liquid cultures. The effectiveness of MEIT in preventing permeation of MTA slurry, which may cause errors in bacterial counts by mixing with samples, is consistent with studies which show that about 90% of MTA particles would not pass through the pores of 0.45-µM membrane.<sup>[32]</sup>

Despite the afore-mentioned advantages, the MEIT assay is relatively laborious and time consuming. Thus, efforts to modify and streamline this assay are underway. Moreover, in light of the importance of microbial biofilm formation as a cause of bacterial persistence in root canals,<sup>[33]</sup> the use of a bacterial suspension model can be a limitation to MEIT assay and this study. To address this issue, further studies using a modified MEIT assay that incorporates an endodontic biofilm model should be considered.

### Conclusions

Our data support that NanoAgcan effectively enhance the antibacterial activity of MTA against important anaerobic periodontal–endodontic pathogens. To fully assess the viability of NanoAg–MTA, future studies will focus on gauging the physical properties of NanoAg–MTA, such as setting and working time. Moreover, since addition of NanoAg might change the efficiency of MTA in sealing root canal perforations, a thorough assessment of the sealing efficiency of NanoAg–MTA using a leakage model is necessary prior to clinical application of NanoAg–MTA. Also, considering that MTA usually remains in patients many years after endodontic treatment, the long-term effects of adding NanoAg to MTA merit investigation.

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